



THIS BEING HUMAN
IS A GUEST HOUSE.
EVERY MORNING
A NEW ARRIVAL.

~Rumi

Tear off the mask.
Your face is glorious.

~RUMI



YOU'VE SEEN MY DESCENT
NOW WATCH MY RISING

~Rumi

EARLY BIRD RATE

\$1400 USD

AFTER JANUARY 1

\$1500 USD

(no refunds after that date)

**DENVER,
COLORADO
MARCH 12-15, 2019**

For program information:

info@theenneagraminbusiness.com

For logistical information:

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BEING IN ESSENCE

with Ginger Lapid-Bogda PhD

A 4-DAY INTENSIVE PROGRAM, one that will take you deep into the truest nature of your **ESSENCE**. We will use the Enneagram as our guide, combined with poems from the 13th century Persian poet Rumi, music and symbols, dream work and somatics, and chart our paths on the Enneagram map itself.

To attend you need to know yourself and the Enneagram very well

More information: theenneagraminbusiness.com | 310.829.3309

**REGISTER
HERE**

PROGRAM DETAILS

Dates | March 12-15, 2019

Times | 8:30 am – 6 pm (except for the last day which will finish at 4pm)

Venue | Mountain View Room in University of Denver's Ruffatto Hall, a beautiful campus in the University Park neighborhood just 15 minutes from downtown Denver

Address | 1999 E. Evans Ave, Denver, CO 80208 ([map](#))

All program materials and breaks are included in the registration fee. There are multiple restaurants within a short walking distance for lunch. Cancellations prior to January 1 will be refunded and charged a \$75 refund fee; no refunds after that date.

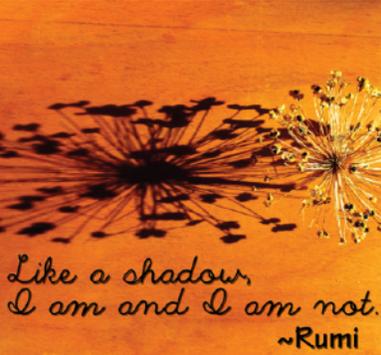
For logistics questions, contact Christine Watkins at 1.303.947.0052 or christine@alignleadership.com



Maybe you are searching among
the branches for what only
appears in the roots. ~Rumi

DAY 1

In the first day, we will get to know ourselves and one another well, particularly the person behind the type-structure that masks our essence. We'll also take a deep look at both our ancestral and spiritual origins, two aspects that have formed us into becoming who we truly are.



Like a shadow,
I am and I am not.
~Rumi

DAY 2

Day 2 brings us to examine our many shadow selves, the parts of us that we must see, acknowledge and “reown” if we are to be in essence. Some of these shadows we might label as negative, so we want to avoid them. Some we might think of as positive, yet be unaware that they lurk beneath the surface. Some just are...



Look for the answer
inside your question. ~Rumi

DAY 3

On day 3, we'll address all the questions that emerge about **BEING IN ESSENCE**, using a new, evocative Enneagram floor map as our guide, along with practices from the 3 Centers of Intelligence and activities that engage the whole brain.



WHAT YOU SEEK IS
SEEKING YOU.
~Rumi

DAY 4

Day 4 brings us to our essence and our ability to be in essence. Using the higher mental and emotional *states of being* for all 9 Enneagram type-structures, we'll take a journey along the wheel of the Enneagram map. No seat belts required!